

Healthy Vegetables- Colors



Below is a color chart.

Help Max write each vegetable in the correct color box.

- | | |
|---------------|------------------|
| Asparagus | Beets |
| Broccoli | Brussels Sprouts |
| Cabbage | Carrots |
| Cauliflower | Chard |
| Eggplant | Garlic |
| Ginger | Green Beans |
| Kale | Leeks |
| Lettuce | Bell Peppers |
| Mushrooms | Mustard Greens |
| Onions | Parsnips |
| Potatoes | Pumpkins |
| Radishes | Rutabagas |
| Spring Onions | Squash |
| Swiss Chard | Turnips |
| Yam | Chilies |

Bonus question: What are white vegetables?
Name some? How do you describe their tastes?